

# Pillow Massager Pro



Please read the handbook carefully before use.

## Massaging Principle

Massage therapy is a general term referring to several practices of manipulating soft tissue for therapeutic purposes. Massage incorporates manual touch to improve circulation, relax muscles, improve range of motion, and increase endorphin levels.

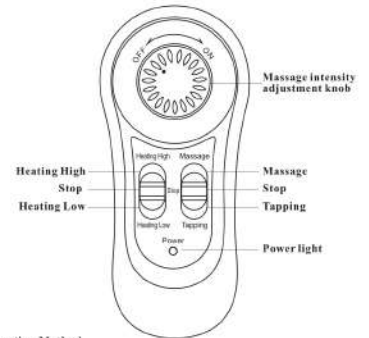
Shiatsu Massage is an alternative technique that involves manual pressure applied to specific points on the body in an attempt to relieve tension and pain. According to the Japanese healing treatment, Shiatsu (meaning finger pressure) massage uses thumbs, fingers, elbows, and knees to concentrate pressure at certain energy pathways in the body called meridians. The massage also known as acupressure works to reduce muscle tension and fatigue and is thought to improve blood circulation in the body as well as improve function of the lymphatic system.

### Attention

1. Do not use this product in wet or excessive dust environment, in order to avoid electric shock or machine failure.
2. Please do not place the product in a place near the stove or in direct sunlight.
3. Do not use in the lightning.

### Remote control

### Remote control



### Operation Method

Connect the external power supply, the power indicator light.

1. When the massage intensity adjustment knob is in the open state, push. The right side of the button to control the massage and percussion, there are "massage", "stop", "tapping" 3 gear, pushed to the corresponding position, that is, the beginning of the corresponding direction of the function.
2. The left button to control the warm strength, there are "heating high", "stop", "heating low" 3 stalls, pushed to the corresponding position, that is, the beginning of the corresponding direction of the function.

When the right push button is pushed to the kneading or tapping position:

1. Adjust the knob from "OFF" to "ON" in the direction of rotation, open the kneading or tapping massage function and gradually increase the intensity of massage;
2. Adjust the knob from "ON" to "OFF" in the direction of rotation, gradually reduce the intensity of massage and close the kneading or tapping massage function.

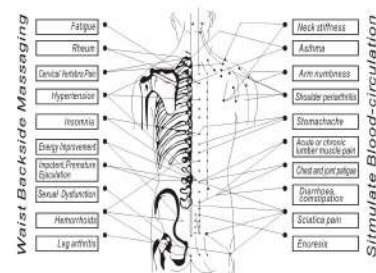
### Cleaning and maintenance

- ※ Be sure to clean the machine before, first pull out the plug from the socket
- ※ Please put the machine in dry, prevent dust place to keep.
- ※ When the fabric with besmitrb, please use dry to clean it.
- ※ Avoid water or other liquid contact with the machine.
- ※ Please do not use volatile oil, bleach or other corrosive solvents to wipe the machine.

### Function and Features

- 1 Butterfly shape, simple and generous
- 2 Stepless speed regulation, bandage fixed, rich massage experience
- 3 Dust and pressure reducing shawl, easy to clean, improve comfort.
- 4 Kneading, percussion, heating perfect combination, increase the massage effect;
- 5 Can be used on the neck, back, waist, leg, arm etc.

## Chart of body point



There are around 650 points in our body from neck to waist. And every point is connected with some organ or body condition. Massaging can promote blood circulation, promote metabolism and build up the ability against disease.

| Technical parameters |               |
|----------------------|---------------|
| Rated Voltage        | AC220V - 240V |
| Rated Power          | 25W           |
| Rated Time           | 15 minutes    |

## NOTE

1. Do not use product on wrong voltage.
2. Do not put the controller in water, in order to avoid controller failure
3. Do not use the machine in the bathroom, swimming pool, spa and other humid environments.
4. Do not place too close to heat sources
5. Do not damage the product casing or jacket, in order to avoid the risk of injury.
6. Before connecting the power plug to the socket, be sure to check the power switch in the "off" position.
7. Do not pull the plug wires directly with a wet hand.
8. After use, be sure to push the power switch in the off position, and unplug power cord.
9. Contact your local dealer, if any damage to product.
10. Pregnant women, people with limited ability of any health condition and Children should not use the product.



A Quality Product Of  
**Nureca Inc. USA**  
 276 5th Avenue, Suite 704-397 New York 10001  
 For any other query contact : shiatsu@drphysio